

**Helena Sanders**

b. 1983 Austin, Texas USA  
Lives and works in Amsterdam, the Netherlands  
Meneer de Wit  
Baarsjesweg 202  
1064 HS Amsterdam

**EDUCATION**

**Skidmore College - Saratoga Springs, New York**  
*Bachelor of Science in Painting and Fiber Arts, May 2005*

**ADDITIONAL STUDY/WORKSHOPS**

**Penland School of Crafts - Penland, North Carolina**  
*Shibori Techniques, June 2008 (Work/Study Scholarship)*

**Penland School of Crafts - Penland, North Carolina**  
*Book Binding & Container Construction, May 2007 (Work/Study Scholarship)*

**EXHIBITIONS**

- 2011        **IAmExpat Soiree**, Canvas  
Amsterdam, the Netherlands  
**Office Hours**, *De Kortsluiting (solo)*  
Amsterdam, the Netherlands  
**All About de A5**, Barabas  
Antwerpen, Belgium
- 2009        **Southern Holiday**, DuggDugg Gallery  
Charlotte, North Carolina  
**Opening Nights**, DuggDugg Gallery  
Charlotte, North Carolina  
**2nd Xerox Art Invitational**, Area 15  
Charlotte, North Carolina  
**Baloos Live**, DuggDugg Film Space  
Charlotte, North Carolina
- 2008        **Red In Tooth and Claw**, *Green Bean (solo)*  
Greensboro, North Carolina  
**Alumni and Faculty Art Show**, Thompson Jones Library  
Charlotte, North Carolina  
**Back Room**, Lyndon Street Artworks (solo)  
Greensboro, North Carolina  
**MIXTAPE**, Tom Museum  
Pittsburgh, Pennsylvania  
**Student Showcase**, Penland Gallery  
Penland, North Carolina  
**Eros**, Lyndon Street Artworks  
Greensboro, North Carolina
- 2007        **Student Showcase**, Penland Gallery  
Penland, North Carolina  
**New Works**, Bailey's on Elm  
Greensboro, North Carolina  
**Xerox Art Invitational**, House  
Greenville, North Carolina
- 2006        **Faculty Showcase**, Salem College Gallery  
Winston-Salem, North Carolina

2005        **Skidmore College Thesis Exhibition**, *Francis Young Tang Museum*  
*Saratoga Springs, New York*  
**We're All Pink On the Inside**, *Case Gallery*  
*Saratoga Springs, New York*  
**Annual Juried Student Show**, *Schick Gallery*  
*Saratoga Springs, New York*

#### **OTHER/PERFORMANCE**

2011        **Performance/Music tour as *Ti Femme***  
*various locations France, Germany, Belgium*  
**Apparel Design for *Typewriter Distro***  
*Arnhem, the Netherlands*

2010        **Album artwork for touring band *Dagora***  
*Amsterdam, the Netherlands*  
**Promotional Poster and Flyer Illustration for *de Mallemoere Eetcafe***  
*Arnhem, the Netherlands*  
**Music Performance for Wouter Jaspers' *Franz Fjodor "Glorious Days"***  
*Tilburg, the Netherlands*  
**Music Performance tour as *Ti Femme***  
*various locations Netherlands, England*

2009        **Curator and Creator of the 1st Annual *Southern Holiday Arts Festival***  
*DuggDugg Gallery, Charlotte, North Carolina*  
**Performance and Film collaboration *Children's Story* with Ross Wilbanks**  
*Concord, North Carolina*

2008        **Commercial Screen Printer, *Wear Yours***  
*Greensboro, North Carolina*  
**Co-Founded *Dirt Road Technologies* record label**  
*Greensboro, North Carolina*  
***In the Dark* silk screen workshops**  
*Greensboro and Asheville, North Carolina*